



Education Day



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18. October

Venue: Hotel Helia - Helia Conference Room

Time	Speaker	Title
08:00-09:00		Registration
09:00-09:10		Opening of the Education day of 39th IPNFA® AGM
09:10-09:45	Dominiek Beckers IPNFA® Senior Instructor, Belgium	PNF on patients with Upper Cross Syndrome (UCS)
09:45-10:30	Agnieszka Stępień IPNFA® Senior Instructor, Poland	Long-term effectiveness of outpatient and home PNF exercises program in conservative treatment of children and adolescents with idiopathic scoliosis
10:30-10:45		Coffee Break
10:45-11:25	Katarzyna Fountoukidis IPNFA® Advanced Instructor, Poland	What effect does the PNF concept have on soft tissues injury (scars)? Case report of a patient with facial scarring using the PNF concept.
11:25-12:15	Edit Nagy IBITA Basic Course Instructor, Hungary	Duality of the tonic-phasic systems in motor control
12:15-13:00	Dr. Róbert Veres MD, PhD Department of Neurosurgery, University of Szeged, Hungary	40 years Experience in Spinal Surgery Historical Overview

13:00-14:00	Lunch Break	
14:00-14:40	Fred Smedes IPNFA® Advanced Instructor, the Netherlands	Motor learning and muscle synchronization using the PNF- principles and procedures
14:40-15:30	Carsten Schaefer IPNFA® Senior Instructor, Germany	The Dosage of PNF Stimuli
15:30-15:45	Coffee Break	
15:45-16:25	Fernanda Di Natal IPNFA® Advanced Instructor, Australia	Spinal Cord Injury: a "core" approach with PNF
16:25-17:00	Viola Varga Anatomy Trains Structural Bodyworker, Hungary	Uncovering the Deep Front Line- Dynamic Balance of the Foot, Pelvis, and Thoracolumbar Junction in Gait
17:00	Closing of the Education day of 39th IPNFA® AGM	