# **Senior Instructor Qualification**

Senior instructors play an important role in the maintenance and development of our association. The seniors are deciding finally who

- 1. will become PNF therapists (PNF5)
- 2. may get a ready to proceed to the AQC
- 3. will get the ok. to start to assist (AQC)
- 4. may get the ok to go the instructor course
- 5. will be qualified as basic course instructor, advanced instructor and senior instructor

A senior instructor should have superior competencies concerning PNF-skills, therapeutic knowledge, didactics, social abilities, personal matureness, loyalty to the IPNFA and its rules etc. She/he should be a role model professionally and ethically

When a new candidate is selected, it should be made sure that this candidate meets above mentioned standards (quality control) and that he/she will fit into the senior group.

It is necessary that the new senior candidate must co-teach successfully all Senior relevant courses (PNF5, AQC, Instructor course) **before** he/she is becoming a senior instructor.

# Procedure for the Selection and Certification of New Senior Instructor Candidates

### A. Proposal of a candidate

#### 1. Pre-Selection

A proposal for a certain senior instructor candidate can be made by any senior instructor during a general meeting or by e-mail correspondence before a meeting.

The proposal must include

- the candidate's CV,
- a written statement by the candidate, why he feels qualified to become senior instructor
- a written recommendation of two senior instructors. The supporting seniors must be able to judge the candidate's knowledge, personality, abilities and practical work (treatment of patients and teaching competencies). For this reasons the supporting seniors must have seen PNF-lectures and presentations of the candidates and have been co-teaching at least one IPNFA course with the candidate within the last 3 years.
- The proposed senior candidate must fulfil all pre-requisites as describe in the IPNFA Course System\*
- 2. It is possible to propose more than one candidate. There will be discussion about the candidates within the senior group. Each proposal will be handled independently from other proposals (*This means there is no decision for one out of two/three, but it is possible that two or three are selected at the same time*)
- 3. The candidate(s) will be invited to present him/herself to the senior group during a General Meeting

## B. The selection of a proposed candidate

4. The decision, whether a new candidate will be accepted, will be done by the senior instructors during a General Meeting.

(Only those senior who are physically present at the meeting should be allowed to decide. No proxy voting! Seniors should play a role model and show presence at the General Meetings!!!)

- 5. The candidate is accepted when
  - a) he has an acceptance/approval of at least 66 % of all votes of the present senior instructors and
  - b) there is not more than 20% of all votes against this candidate. Objections of seniors against the candidate must be reasoned
- 6 In case a proposed candidate is not accepted, he/she may be proposed again in one of the following years. In case a candidate does not get the necessary votes (as described in 5.a and 5.b) the senior group may decide that a committee from the senior group could review the application. This review may include supervision of the candidate during a defined number IPNFA courses. The seniors decide the details of this supervision. A pass/fail recommendation letter will be given to the candidate and sent to the senior group. The senior group will decide at one of the following meetings about this candidate. The necessary quote of vote as described in 5a and 5b applies.
- 7 After acceptance as senior-instructor candidate the senior-candidate has to fulfil all requirements as described in the IPNFA-Course System\*\*

# $^{st}$ from: IPNFA Course System , 2009 version,

#### X. A. PRE-REQUISITES:

- 1. has been advanced course instructor a minimum of 6 years
- 2. has taught a minimum of 12 level 3 or 4 courses.
- 3. has taught a minimum of 20 level 1 and 2 courses.
- 4. has taught internationally in three countries with different languages and cultures excluding the own country
- 5. has superior handling and teaching skills.
- 6. is familiar with new literature and trends.
- 7. has an ability to accept and acknowledge persons with different opinion.
- 8. has exceptional ability to observe, guide, facilitate and evaluate both course participants and fellow instructors
- 9. The physical therapist who is in direct charge of the PNF program at Vallejo and a member of the IPNFA makes that person a permanent Senior Instructor of the IPNFA.

  10. Is a role model in knowing and following the IPNFA Constitution and Rules and
- 11. has been active in the IPNFA and can prove a positive contribution to the development of the concept by PNF relevant research, publications and/or presentations on IPNFA meetings or congress.

Maintains the highest standards of professional and ethical behaviour

1. The Senior instructors group, in consultation with the Executive Committee and the

<sup>\*\*</sup> from: IPNFA Course System, 2009 version, B. REQUIREMENTS:

Educational Committee will select Senior Instructor Candidates when appropriate. The candidates will be informed in writing

- 2. teach a PNF 5 course, an Assistantship Qualification Course and an Instructor certification course with a senior instructor.
- 3. will develop and present outlines with time guidelines of a level 5 course, an assistantship qualification course and an Instructor certification course to the Senior instructor.
- will receive a written evaluation and recommendation from the senior instructor of each course. A copy is to be sent to the Education Committee